

JG WATCH

CASTAIC LAKE JR. LIFEGUARD PROGRAM NEWSLETTER



**Los Angeles
County
Department
of Parks and
Recreation**

Beach Day and Competition WEEK!!

We will be going to Port Hueneme Beach on Monday. The water is clean and ready for Castaic JGs to come visit! Drop off is 7am on Monday and pick up is between 3:30 and 4pm. Bring all your regular JG stuff for the day, maybe a sweatshirt and an extra towel. Boogie Boards are okay but no surf boards please.

Competition is on Wednesday at Bonelli Lake. It is time to show off all your skills that you have been working on all summer! Drop off at Castaic Lake is 6am!!! Parents are encouraged to come and support their JGs on at Bonelli Lake. (Directions are on the Website) The Comp starts around 9:30am. Reminder that Parents

Schedule Updates

Monday 7/24
Beach Day!

Wednesday 7/26
Competition at
Bonilla Lake Drop
off at Castaic 6am!

Thursday 6/29
KONA ICE \$3-\$5

Awards Night Next
Thursday 8/3
Macho Starts @
6:30pm with the
Family Paddle after!

1

COMPETITION!

Get plenty of rest the night before. Drop off @ 6am, Pick up 4:30 -5

2

STAY HYDRATED!

With the weather getting hot make sure to keep drinking water!

3

AWARDS NIGHT

2nd Session 8/3
6:00pm-9:00pm @
Paradise Cove



are not allowed to drive JGs to the comp but may take home once they have been checked out with their instructor and have helped clean up. ONLY legal guardians may take home from the comp. We do encourage all JGs to take the Bus home as part of the camp experience. Pick up at Castaic will be between 4:30-5pm. This will be a LONG Day. Please bring extra Food, snacks, and lots of WATER!



Thank you to the families that have donated to the Charities that we are partnering with. We will be collecting Donations

1. Family Promise of Santa Clarita Valley collecting Shampoo, conditioner, soap, toilet paper and deodorant.
2. San Fernando Valley Rescue Mission collecting Toys and nonperishable foods.
3. Santa Clarita Valley Food Pantry's collecting canned fruit and other canned food items.



MESSAGE FROM THE DIRECTOR:

JG Regionals this past weekend was a great success. We traveled to Silver Strand State Beach in San Diego with a team of 7 JGs from Castaic Lake to join up with about 7 JGs from Bonelli Lake to form the LACo Lakes JG Regional Team. The JGs did a great job and we look forward to going again to Regionals next year!

Director Steve "Scuba" Himes